

Developmental Stages

7 to 8 years old

1. Physical Development

- a. Average height: 42 to 44 inches
- b. Average weight: 50 to 57 pounds
- c. Can run, jump, skip, hit a ball, climb and swing
- d. Enjoys playing team games
- e. Sometimes misjudges their ability
- f. Able to draw a picture of a house including the garden and sky
- g. Able to throw and catch a ball

2. Intellectual Development

- a. Can read aloud
- b. Recognize more words by sight
- c. Able to tell time
- d. Describes complicated happenings
- e. Begins to understand money
- f. Starts to plan ahead
- g. Writing is more developed and engaging

3. Psychological Development

- a. Wants to be with others
- b. May lie or steal because they don't have the adult understanding of right and wrong
- c. Look up to parents and teachers for guidance
- d. Good thinking skills build when they are free of worry
- e. Develop self-understanding, self-definition and self-control
- f. When lacking skills in one area, they find another area to excel in

4. Emotional Development

- a. Desire to fit in and be accepted
- b. Being more responsible
- c. Like going to school unless they have problems there
- d. Understand their emotions and how to express them
- e. Can be bossy or timid and uncertain with themselves and others

References

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